



# **IMMUNITY**

## **COMPOSITION:**

Each Capsule Contains:

Vitamin B1 15mg, Vitamin B3 50mg, Vitamin B6 10mg, Vitamin B12 10mcg. Vitamin C 500mg, Folic Acid 400mcg, Zinc 5mg, Curcumin Extract Equivalent to curcumin 50mg

#### **DESCRIPTION:**

Immunity is our body's natural defense against disease-causing bacteria and virus. It can considerably reduce the odds of getting sick. It is only due to the weak immunity that people are getting affected with the widespread coronavirus and other such pandemics.

**Curcumin:** Turmeric aids in making our immunity stronger, the main life-saving ingredient in turmeric is about 3-5% of Curcumin; a Phyto-derivative, which contains healing properties.

**Respiration:** People having bronchial problems like Sinusitis, Sinus and many faces a lot of problems due to lower immunity. Curcumin can be helpful in facing such problems and building up the immunity so that there should not be such kind of respiration Problems.

**Upper Respiratory Tract Problems:** Inflammation due to upper respiratory tract problems constricts the airways and makes it difficult to breathe. This is often related to an exaggerated response by the immune system that leads to chronic inflammation and damage to lung tissue by free radicals. Curcumin inhibits inflammation, relieves congestion and pain and thus improves your breathing.

**Boosts Immunity:** Curcumin helps up in boosting up the immunity and helps to fight against viral replication.

**Reduces Inflammation:** Curcumin suppresses various inflammatory molecules which are responsible for the causes of the damage by viruses. It helps to reduce symptoms and provides relief.

**Inhibit Viral Replication:** Exhibits all the antiviral properties by reducing the replication of the virus. Curcumin hence reduces the viral load.





## **B VITAMINS:**

**Vitamin B12:** Vitamin B12 plays a crucial role in the proper functioning of immune system. Methionine synthase, which uses methyl cobalamin as a cofactor, is essential for the synthesis of purines and pyrimidines in all cells, including fast-dividing immune cells.

**Vitamin B6:** Vitamin B6 is needed to absorb vitamin B12 and to make red blood cells and cells of the immune system.

**Vitamin B3:** Vitamin B3, boosts the immune system by as much as 1,000-fold, and can kill life-threatening infections caused by microorganism. These B vitamins have been found to have a role in the immune system, and a deficiency in them can alter the response of the immune system. This is by inhibiting the body's ability to make antibodies, white blood cells and other immune factors it needs to fight off infection.

**VITAMIN C:** Vitamin C has an essential role in normal immune function, aids the formation of collagen, wound healing and is an antioxidant. This means that it scavenges free "radicals", which are charged particles that can damage cells, tissues and genetic material, which can affect your immunity.

**ZINC:** Zinc is known to be an important "micronutrient" for the immune system and a deficiency of it can result in an impaired immune response.

## **INDICATIONS:**

is indicated to provide;

• Powerful Anti-inflammatory support. • Boosts immune function and overall wellness. • Boosts Body's defence system • Prevents infectious diseases

#### **DOSAGE AND ADMINISTRATION:**

Adults; Take 1-2 capsules daily or as directed by a healthcare practitioner. Administration; Swallow the capsules whole, without chewing or breaking the capsules.