



# Lypo-Spheric VITAMIN - C

## **COMPOSITION:**

Each sachet and oral liquid contains: Calories 15 kcal, Total Fat 1 g (1%), Total Carbohydrate 1000 mg (<1%), Vitamin C (as sodium ascorbate) 1000 mg (1.111%), Choline (from Phosphatidylcholine) 60 mg (11%), Sodium (as sodium ascorbate) 160 mg (7%), Essential Phospholipids (from soy lecithin) 1000 mg, Phosphatidylcholine (PC) 500 mg.

Product Conforms to Natural Origin.

#### **DESCRIPTION:**

It utilizes a revolutionary method of enhanced Vitamin C delivery – Liposomal Encapsulation Technology – designed to help your body absorb more Vitamin C. Vitamin C is a powerful antioxidant that can help protect cells from the damage caused by harmful free radicals. Perfect Vitamin C support to help maintain a healthy immune system. It can assist with muscle repair for those with active lifestyles. Vitamin C supports collagen production for healthier and firmer skin.

## Therapeutic Uses:

- 1. Helps protect cells from the damage caused by free radicals
- 2. Supports a healthy immune system
- 3. Supports collagen production for healthier skin, muscles and joints
- 4. Promotes muscle repair
- 5. Supports healthy gums
- 6. Supports optimal overall health

#### **DOSAGE AND ADMINISTRATION:**

As a dietary supplement, take one packet, 1–2 times per day, or as directed by your healthcare practitioner. For best results, snip or tear the notched end of the packet, squeeze into 1–2 oz of your favorite cool beverage and drink in one gulp on an empty stomach. The product will not dissolve in liquid. We do not recommend mixing the product with a hot beverage or with any high-speed blenders or food processors. Directions for Use: As a dietary supplement, take one teaspoon1 to 2 times per day or as directed by a healthcare practitioner. For best results, mix one teaspoon of Lypo-Spheric Vitamin C oral liquid into one to three ounces of your favorite cool beverage and consume in one swallow on an empty stomach. Wait at least 15 minutes before eating. Contents of product will not dissolve.





## **STORAGE INSTRUCTIONS:**

If you open an individual packet and do not wish to consume all of the product, reseal the open packet in an airtight bag or plastic wrap and refrigerate until you're ready to take it, or up to 24 hours.

#### **PRECAUTIONS:**

Consume in one swallow on an empty stomach. Wait at least 15 minutes before eating. Contents of product will not dissolve. Keep out of reach of children. If you are pregnant or breastfeeding consult a healthcare practitioner before using this product.

Effect of Ascorbic Acid (Vitamin C): May slightly raise sensor Glucose readings. Intake at the maximum of the RDA (Recommended Daily Amounts) may elevate sensor glucose by up to 0.24 mmol/L at low glucose concentrations and by up to 1.3% at high glucose concentrations (compared to glucose results in the presence of baseline circulating ascorbic acid levels).

Do not exceed recommended servings for consumption during the day. Dietary supplements may not be used as a substitute for a varied diet. It is not recommended for pregnant women, nursing mothers and children. To maintain a healthy state of health, you should use a varied diet and lead a healthy lifestyle

## **OVER DOSAGE:**

Free radicals are unstable molecules that damage or "oxidize" cells throughout the body in a process called oxidative stress. Over time, oxidative stress can leave our cells and tissues unable to function properly.

#### **STORAGE GUIDELINES:**

Protect from light and excessive heat. Store in a cool and dry place below 30 C Keep out of reach of children.

### **PRESENTATION:**

Lypo-spheric Vitamin C sachet is available in a Box of 30's. Lypo-spheric Vitamin C liquid oral is available in 120ml bottle.

